

年齢 (足岁)	10年		15年		20年		25年		30年		至55周岁		至60周岁	
	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性
12	40.46	37.10	28.30	25.93	22.29	20.39	18.69	17.09	16.27	14.85	12.75	11.60	11.97	10.87
13	41.24	37.83	28.85	26.43	22.72	20.79	19.06	17.42	16.59	15.15	13.20	12.01	12.36	11.22
14	42.04	38.56	29.41	26.95	23.16	21.20	19.43	17.77	16.91	15.45	13.67	12.44	12.77	11.60
15	42.84	39.31	29.97	27.47	23.60	21.61	19.80	18.11	17.24	15.75	14.16	12.89	13.20	11.99
16	43.64	40.07	30.53	28.00	24.04	22.03	20.17	18.47	17.56	16.06	14.67	13.37	13.64	12.40
17	44.45	40.84	31.09	28.54	24.49	22.46	20.55	18.82	17.90	16.37	15.21	13.87	14.10	12.83
18	45.26	41.62	31.66	29.09	24.94	22.89	20.93	19.19	18.23	16.69	15.77	14.40	14.58	13.28
19	46.08	42.42	32.23	29.64	25.39	23.33	21.31	19.56	18.57	17.01	16.36	14.95	15.08	13.75
20	46.91	43.22	32.81	30.21	25.85	23.77	21.70	19.93	18.92	17.34	16.99	15.55	15.61	14.24
21	47.75	44.04	33.41	30.78	26.32	24.23	22.10	20.32	19.27	17.68	17.66	16.17	16.17	14.77
22	48.61	44.88	34.01	31.37	26.80	24.69	22.51	20.71	19.64	18.03	18.37	16.84	16.76	15.32
23	49.49	45.73	34.63	31.97	27.29	25.16	22.94	21.11	20.02	18.38	19.13	17.55	17.38	15.90
24	50.39	46.60	35.27	32.58	27.80	25.65	23.37	21.52	20.41	18.75	19.94	18.31	18.04	16.52
25	51.32	47.49	35.92	33.20	28.33	26.14	23.82	21.94	20.81	19.12	20.81	19.12	18.75	17.18
26	52.27	48.40	36.60	33.84	28.87	26.65	24.29	22.38	21.23	19.51	21.75	20.00	19.50	17.87
27	53.25	49.33	37.29	34.50	29.42	27.17	24.77	22.82	21.66	19.90	22.76	20.94	20.31	18.62
28	54.25	50.28	38.00	35.17	30.00	27.71	25.26	23.28	22.12	20.31	23.85	21.95	21.16	19.41
29	55.28	51.25	38.73	35.85	30.59	28.25	25.78	23.75	22.58	20.73	25.03	23.04	22.08	20.26
30	56.33	52.24	39.48	36.55	31.20	28.82	26.31	24.23	23.07	21.17	26.31	24.23	23.07	21.17
31	57.41	53.25	40.25	37.27	31.82	29.39	26.85	24.72	23.57	21.61	27.70	25.52	24.12	22.14
32	58.51	54.28	41.04	38.00	32.46	29.98	27.42	25.23	24.09	22.08	29.18	26.89	25.26	23.19
33	59.63	55.34	41.85	38.75	33.13	30.58	28.00	25.76	24.63	22.55	30.79	28.39	26.48	24.32
34	60.78	56.41	42.68	39.52	33.81	31.20	28.60	26.30	25.19	23.04	32.56	30.03	27.80	25.53
35	61.95	57.51	43.53	40.30	34.50	31.84	29.22	26.85	25.77	23.55	34.50	31.84	29.22	26.85
36	63.15	58.63	44.39	41.10	35.22	32.49	29.87	27.42	26.38	24.08	36.65	33.84	30.77	28.28
37	64.37	59.78	45.28	41.92	35.96	33.16	30.53	28.01	27.01	24.63	39.04	36.06	32.	

年齢 (足岁)	10年		15年		20年		25年		30年		至55周岁		至60周岁	
	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性	男性	女性
12	40.46	37.10	28.30	25.93	22.29	20.39	18.69	17.09	16.27	14.85	12.75	11.60	11.97	10.87
13	41.24	37.83	28.85	26.43	22.72	20.79	19.06	17.42	16.59	15.15	13.20	12.01	12.36	11.22
14	42.04	38.56	29.41	26.95	23.16	21.20	19.43	17.77	16.91	15.45	13.67	12.44	12.77	11.60
15	42.84	39.31	29.97	27.47	23.60	21.61	19.80	18.11	17.24	15.75	14.16	12.89	13.20	11.99
16	43.64	40.07	30.53	28.00	24.04	22.03	20.17	18.47	17.56	16.06	14.67	13.37	13.64	12.40
17	44.45	40.84	31.09	28.54	24.49	22.46	20.55	18.82	17.90	16.37	15.21	13.87	14.10	12.83
18	45.26	41.62	31.66	29.09	24.94	22.89	20.93	19.19	18.23	16.69	15.77	14.40	14.58	13.28
19	46.08	42.42	32.23	29.64	25.39	23.33	21.31	19.56	18.57	17.01	16.36	14.95	15.08	13.75
20	46.91	43.22	32.81	30.21	25.85	23.77	21.70	19.93	18.92	17.34	16.99	15.55	15.61	14.24
21	47.75	44.04	33.41	30.78	26.32	24.23	22.10	20.32	19.27	17.68	17.66	16.17	16.17	14.77
22	48.61	44.88	34.01	31.37	26.80	24.69	22.51	20.71	19.64	18.03	18.37	16.84	16.76	15.32
23	49.49	45.73	34.63	31.97	27.29	25.16	22.94	21.11	20.02	18.38	19.13	17.55	17.38	15.90
24	50.39	46.60	35.27	32.58	27.80	25.65	23.37	21.52	20.41	18.75	19.94	18.31	18.04	16.52
25	51.32	47.49	35.92	33.20	28.33	26.14	23.82	21.94	20.81	19.12	20.81	19.12	18.75	17.18
26	52.27	48.40	36.60	33.84	28.87	26.65	24.29	22.38	21.23	19.51	21.75	20.00	19.50	17.87
27	53.25	49.33	37.29	34.50	29.42	27.17	24.77	22.82	21.66	19.90	22.76	20.94	20.31	18.62
28	54.25	50.28	38.00	35.17	30.00	27.71	25.26	23.28	22.12	20.31	23.85	21.95	21.16	19.41
29	55.28	51.25	38.73	35.85	30.59	28.25	25.78	23.75	22.58	20.73	25.03	23.04	22.08	20.26
30	56.33	52.24	39.48	36.55	31.20	28.82	26.31	24.23	23.07	21.17	26.31	24.23	23.07	21.17
31	57.41	53.25	40.25	37.27	31.82	29.39	26.85	24.72	23.57	21.61	27.70	25.52	24.12	22.14
32	58.51	54.28	41.04	38.00	32.46	29.98	27.42	25.23	24.09	22.08	29.18	26.89	25.26	23.19
33	59.63	55.34	41.85	38.75	33.13	30.58	28.00	25.76	24.63	22.55	30.79	28.39	26.48	24.32
34	60.78	56.41	42.68	39.52	33.81	31.20	28.60	26.30	25.19	23.04	32.56	30.03	27.80	25.53
35	61.95	57.51	43.53	40.30	34.50	31.84	29.22	26.85	25.77	23.55	34.50	31.84	29.22	26.85
36	63.15	58.63	44.39	41.10	35.22	32.49	29.87	27.42	26.38	24.08	36.65	33.84	30.77	28.28
37	64.37	59.78	45.28	41.92	35.96	33.16	30.53	28.01	27.01	24.63	39.04	36.06	32.42	29.81
38	65.61	60.94	46.19	42.76	36.72	33.85	31.22	28.62	27.67	25.20	41.70	38.54	34.21	31.47
39	66.88	62.13	47.13	43.62	37.51	34.56	31.94	29.25	28.36	25.79	44.70	41.34	36.17	33.28
40	68.18	63.35	48.09	44.50	38.32	35.28	32.68	29.90	29.08	26.40	48.09	44.50	38.32	35.28
41	69.50	64.58	49.07	45.40	39.16	36.03	33.46	30.57			51.95	48.12	40.69	37.49
42	70.85	65.84	50.08	46.32	40.02	36.80	34.26	31.27			56.41	52.29	43.33	39.94
43	72.22	67.13	51.11	47.27	40.92	37.60	35.10	32.00			61.60	57.15	46.26	42.68
44	73.63	68.45	52.18	48.24	41.85	38.42	35.98	32.75			67.73	62.90	49.56	45.76
45	75.07	69.79	53.28	49.24	42.81	39.27	36.90	33.54			75.07	69.79	53.28	49.24
46	76.54	71.16	54.41	50.26	43.81	40.14					83.98	78.17	57.52	53.21
47	78.04	72.56	55.58	51.32	44.86	41.05					95.04	88.58	62.41	57.79
48	79.58	73.99	56.79	52.40	45.95	42.00					109.14	101.86	68.08	63.12
49	81.16	75.46	58.04	53.52	47.09	42.98					127.74	119.40	74.78	69.42
50	82.78	76.96	59.34	54.67	48.29	44.01					152.73	143.00	82.78	76.96
51	84.45	78.49	60.69	55.87							189.04	177.31	92.49	86.11
52	86.16	80.07	62.09	57.10							248.16	233.23	104.51	97.47
53	87.92	81.68	63.55	58.39							364.79	343.58	119.81	111.94
54	89.74	83.34	65.08	59.72							714.75	674.79	139.96	131.04
55	91.61	85.05	66.68	61.11									167.00	156.69
56	93.55	86.81											206.22	193.96
57	95.56	88.62											270.00	254.62
58	97.65	90.49											395.72	374.28
59	99.83	92.44											772.82	733.27
60														